

Feed Bag

Supplies:

- plastic cups or snack bags
- plastic spoons
- food items
- bowls for food items
- hand sanitizer
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Like humans, proper nutrition is very important for horses. Horses eat grass, hay and grain and need water available at all times. Right now, our horses eat mostly hay and grain because they are inside most of the time. When they are outside, they eat grass as well. They require a lot of water. On an average 70 degree day, an adult horse can drink up to 11 gallons of water.

Horses are not able to digest food very well, so they must have high quality feed. Horses have one stomach. Other livestock, like sheep and cattle, have 4 stomachs and it is easy for them to digest food. But since horses cannot digest their food well with one stomach, they eat small amounts constantly during the day in order to get the nutritional value from their food. If they eat too much at a time, they will get sick. Horses sometimes get treats like carrots, sugar cubes or molasses biscuits. Most horses LOVE peppermint candy!

Let's make a "feed bag" using food we can eat to represent what a horse eats.

Use the list below to make up a feed bag that consists of:

- 5 scoops from the "GRAIN" list
- 3 scoops from the "GRASS" list
- 3 scoops from the "HAY" list
- 1 scoop from the "TREATS" list

Water is represented by juice boxes.

You can use more than one item from each list to make up the scoops that go in your bag.

GRAIN

Granola
Popcorn
Cheerios
Chex

GRASS

Goldfish
Frosted Flakes
Kix
Fruit Loops

HAY

Shredded wheat
Pretzel logs
Animal Crackers
Teddy Grahams

TREAT

M&M's
Skittles
Candy Corn
Mini marshmallows

Choose a juice box. Enjoy the snack you made!